




TIME IS TICKING

Healthcare workers are taking action on tick bites


Can you find 7 ticks on this poster?

 **The Tick-Borne Encephalitis (TBE) vaccine:**
Recommended for higher-risk groups like forestry workers, and regular hikers.

 **Protect pets:**
Use topical or oral tick-prevention on dogs and cats.

 **Dressing for prevention:**
Long sleeves, long pants, closed shoes.

Learn more


 **Get yourself checked, for you and the collective:**
Nurses, doctors, and vets often spot early patterns like rashes, bite clusters, and sick animals which not only help patients but also is instrumental in turning scattered cases into early warnings about environmental change

Preparedness starts with knowing what to look for, removing ticks early, and seeking care as soon as symptoms like fever, rash, or neurological signs appear.